



Leisure Services Department **Parks and Recreation**

Junior Tennis Lessons Overview

The Junior Development program is a series of lessons where FUN is a priority as participants “play to learn,” developing skills through a positive learning experience and with a sense of accomplishment. Certified professionals provide a great learning environment for the developmental learning stages. Players will focus on movement, balance, throwing and catching the ball, swing motions, making contact, grips and stroke development. As players continue to improve additional skill sets will focus on coordinating movement and balance, and hitting the ball with purpose and direction. Game concepts and scoring will be introduced. The USTA QuickStart teaching format will be incorporated with the younger age groups using smaller courts, low pressure and slow bounce balls, lighter racquets, and lower nets.

FEE: \$54.00 Per 6 Weeks

Session and Registration Dates

| | <u>Jan/Feb</u> | <u>Feb/Mar</u> | <u>Apr/May</u> |
|---------------------------|----------------------------|--------------------------|------------------------|
| Pre –Registration | 11/30/09 – 12/05/09 | 2/1/10 – 2/6/10 | 3/15/10-3/20/10 |
| Open Registration | 12/07/09 – 12/12/09 | 2/8/10 – 2/13/10 | 3/22/10-3/27/10 |
| Session Start Date | 1/8/10 – 2/13/10 | 2/19/10 – 3/27/10 | 4/2/10-5/8/10 |

No CLASSES –Feb 6, Apr 2, Apr 3

Class Days and Times

| | | <u>Jan/Feb</u> | <u>Feb/Mar</u> | <u>Apr/May</u> |
|-----------------------|----------------------------------|----------------|----------------|----------------|
| Age 3-4yrs.: | Friday, 4:00 – 4:45PM | 20272 | | |
| | Saturday, 9:00 – 9:45AM | 20271 | | |
| Age 5-7 yrs.: | Saturday, 9:00 -10:00 AM | 20268 | | |
| Age 8-10 yrs.: | Saturday, 10:00 -11:00 AM | 20269 | | |
| Age 11+ yrs.: | Saturday, 11:00 -12:00 PM | 20270 | | |

REGISTRATIONS ARE TO BE DONE IN PERSON ONLY

ACCEPTABLE PAYMENT OPTIONS CASH OR CHECK Payable to SEMINOLE COUNTY

Daily Park Weather Updates Please Call 407-665-7275(PARK)

Credits Are Issued for Rain-Outs and Medically Excused Absence Only

Sanlando Park (407) 869-5966

401 W. Highland Street (off of Douglas Ave.), Altamonte Springs, FL 32714 • Open M-F from 8 a.m. to 10 p.m., Sat and Sun from 8 a.m. to 8 p.m.

www.seminolecountyfl.gov/parks



**quickstart tennis
program**

**It Starts
in ParksSM**